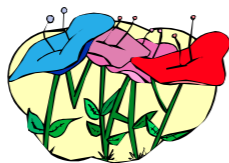


F2S Farm to School Produce
 **“Lighten up!” Lunch Choice (Salads made with reduced calorie dressings)

 Vegetarian Entree
 All Turkey Products
 !Part Skim Mozzarella Cheese

Please Note: Yogurt available daily as an entrée selection















MAY 2010

<http://www.sarasota.k12.fl.us/fns>



Milk Available Each Day:
 Skim Milk
 1% Lowfat White Milk
 1/2% Lowfat Chocolate Milk
 1/2% Lowfat Strawberry Milk
 2% Lowfat Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Roasted Chicken w/Roll *Chicken Caesar Salad Parslied Potatoes Peaches Blue Raspberry Juice	4 <u>Nutrition Employee Appreciation</u> Fish Sticks/Corn Bread *Spring Salad Corn Applesauce Grape Juice	5 <u>CINCO DE MAYO</u> Taco Burrito *1905 Salad Salsa Cup Pears 100% Fruit Blend Juice	6 Baked Ziti w/Garlic Toast  Yogurt Parfait Green Beans Apricot Crisp Apple Juice	7 <u>Teacher Appreciation Day</u> Chicken Fillet Sandwich  *Greek Salad Corn Rosy Applesauce Grape Juice
10 Grilled Turkey w/Cheese Sandwich  *Spinach Salad w/Muffin Oven Fries Spiced Pears Apple Juice	11 <u>Picnic In The Park</u> BBQ Chicken w/Roll *Cobb Salad w/Spice Bread F2S Corn on Cob Mixed Fruit Blue Raspberry Juice	12  Macaroni & Cheese w/Roll *Oriental Chicken Salad Mixed Veggies Applesauce 100% Fruit Blend Juice	13 <u>Brunch for Lunch</u> Pancakes w/Sausage* Chef's Salad w/Blueberry Muffin Tator Tots Cinnamon Apples Grape Juice	14 Chicken Nuggets w/Cornbread  *Vegetarian Taco Salad Green Beans Peaches Apple Juice
17 Sloppy Joe Sandwich *Chicken Caesar Salad Corn Applesauce Grape Juice	18  Grilled Cheese Sandwich *Spring Salad Tomato Soup Pears Blue Raspberry Juice	19 Hamburger w/Pickles *1905 Salad Green Beans Fruit Crisp Apple Juice	20 Nachos w/Chili & Cheese  *Yogurt Parfait Steamed Broccoli Peaches 100% Fruit Blend Juice	21 Chicken Fillet Sandwich  *Greek Salad Fries Apricot Cups Apple Juice
24 Roasted Chicken w/Roll  *Spinach Salad w/Muffin Baked Beans Fruit Freeze Apple Juice	25 Hamburger *Cobb Salad w/Spice Bread F2S Corn on Cob Pears Grape Juice	26 Spaghetti w/Garlic Toast *Oriental Chicken Salad Mixed Veggies Apple/Peaches 100% Fruit Blend Juice	27 Asian Style Chicken w/Rice *Chef's Salad w/Blueberry Muffin Green Beans Mixed Fruit Apple Juice	28 Chicken Nuggets w/Corn Bread  *Vegetarian Taco Salad Tator Tots Cinnamon Apples Blue Raspberry Juice
31 MEMORIAL DAY 	JUNE 1 Scrambled Eggs/Pancake/Sausage  *Spring Salad w/Muffin Tator Tots Peaches Grape Juice	JUNE 2 Cheeseburger Baked Beans Applesauce 100% Fruit Blend Juice Apple Juice	June 3 PBJ Uncrustable Carrots w/Dip F2S Orange Apple Juice	June 4 Sub Meals Blue Raspberry Juice