

**Coach Bellamy**  
**Coach Brown**  
**Coach Mulhollen**  
**Coach Salazar**

# Team Sports



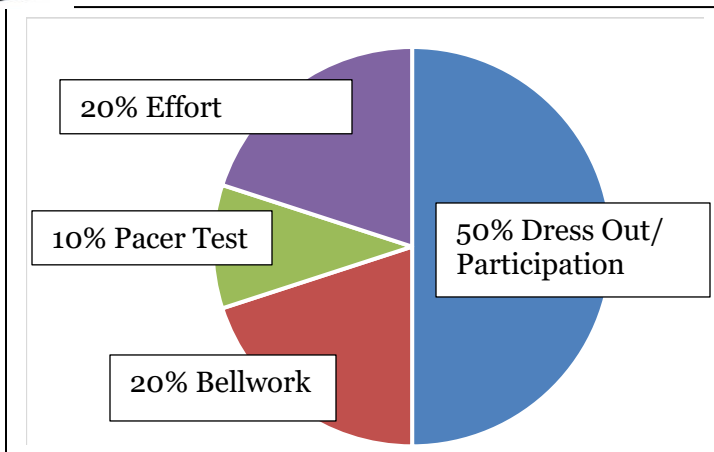
## COURSE OVERVIEW

Students will be introduced to a variety of team sports. We will focus on the correct rules and procedures for each sport that we play. Correct athletic form will be taught. The most valuable component of team sports is Good Sportsmanship and a Positive Attitude. Safety, Respect, and Effort will be a focus of this class.

## GRADES!



All grades will be found on Gradebook. Grades are a result of Participation and Effort; Being a good teammate, following directions, employability skills, and having a good attitude.



Grades & Assignments will all be found on Gradebook. Students and Parents need their own Login Information.  
Dress Out/Class Participation 50%  
Effort 20%  
Pacer Test 10%  
Bellwork 20%

**Keep this in your class folder!**

## CLASS MATERIALS

- Personal CLEAR Water Bottle
- SSAS PE Shirt
- SSAS PE Shorts
- Deodorant
- Athletic Shoes

**\*\* All materials can be placed in a drawstring or plastic bag**

HOW TO REACH US:  
941-330-1855

[bellamyt@ssas.org](mailto:bellamyt@ssas.org)  
ext 1227

[browns@ssas.org](mailto:browns@ssas.org)  
ext 1408

[mulhollenk@ssas.org](mailto:mulhollenk@ssas.org)  
ext 1409

[AmberSalazar@ssas.org](mailto:AmberSalazar@ssas.org)  
ext 1224



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### TEAM SPORTS FOCUS

Safety FIRST!

Respect- classmates, coaches, and equipment

Effort- you are graded on your effort not your skill

## *Engage, Enlighten, Empower*

### **PE Uniform Expectations:**

**PE Shorts**— SSAS shorts. Plain blue or black sweatpants are allowed in cold temperatures.

**PE Shirt**—SSAS PE shirt with PE Tiger logo. Please make sure it fits and does not rise up during exercise. PE shirt cannot be spirit wear or club shirts.

**Shoes** - sneakers/tennis shoes **must tie or velcro**. Boots, Sperrys, dance shoes, etc. are not allowed. No slip on shoes. These fall off when playing certain games and are dangerous.

### **NO Dress Out ???????**

1. Place your belongings in the locker room.
2. Report to roll call and inform your coach you have forgotten your uniform. You will not participate in class activities and will receive a zero for the day.
3. Pick up a Scholastic magazine and choose an article to write a review. Turn in your written assignment to the bin.
4. Complete the fitness workout for the day
5. Remain on the sidelines

### **Give Me Five:**

- Team Sports 7/8
1. Eyes on Speaker
  2. Quiet

**PROCEDURES, PROCEDURES, PROCEDURES**

- Enter the gym quietly on time.
- Read the white board for the daily activity.
- Report to the locker room for dress out.
- Put your belongings in a cubby or designated spot.
- Report to your roll call spot.
- Listen to all instructions and game rules.
- Play with a positive attitude.
- Always display good sportsmanship.
- After dressing in report to the designated bleachers for your class until the bell rings.

## **RULES & CONSEQUENCES**

### **Rules**

- Show respect to teachers, students, and property.
- Respect yourself.
- Follow all directions.
- Raise your hand to be called upon.
- Be prepared to learn every day.
- When you hear a whistle, STOP what you're doing.

### **Consequences**

1. Warning / Removal from activity
2. Write the Rules of the Gym
3. Behavior Essay w/ Contact Home
4. Detention w/ Contact Home
5. County Referral

## **RESTROOM/DRINK**

### **How to Leave the Field or Gym**

1. You must ask a coach before you leave the gym or field.
2. Locker rooms are locked during class. Try to use the bathroom before and after class.
3. You can use the bathroom in the gym foyer.
4. Bring your water bottle with you to class each day.
5. Return to your team on the field or in the gym.



## Contact and Information Sheet

Class Period: \_ \_ \_ \_

Student's LAST Name: \_\_\_\_\_

Student's FIRST Name: \_\_\_\_\_

*I, \_\_\_\_\_ have thoroughly read, understand and accept the expectations set forth for success in this classroom. My parent(s)! guardian(s) have also read, understood, and accepted the terms set forth.*

\_\_\_\_\_ **Date:** \_\_\_\_\_

Student Signature

\_\_\_\_\_ **Date:** \_\_\_\_\_

Parent/Guardian Signature

These expectations are due by Wednesday. This will be due at the beginning of class for a homework grade and must contain both a parent/guardian and student signature.

**INFO I WOULD LIKE TO SHARE WITH YOU ABOUT MY CHILD:**

**MY CHILD'S FAVORITE SPORT OR ACTIVITY:**

Return this page to your teacher by Friday.