

Ms. Amber

# 7/8 Advanced Dance



## COURSE OVERVIEW

Welcome to Advanced Dance. We will discuss and learn about the importance of technique in various styles of dance and talk about the importance of stretching for dance. Students will learn dance routines and will be selected to perform at school events. Students will also engage in different strengthening and flexibility exercises for dancers and Pilates. 7th & 8th grade students will also have the opportunity to choreograph their own routines in small groups, throughout the year. Our main focus will be preparing for our annual dance recital and preparing pieces for performances.

### Dance styles and Focus

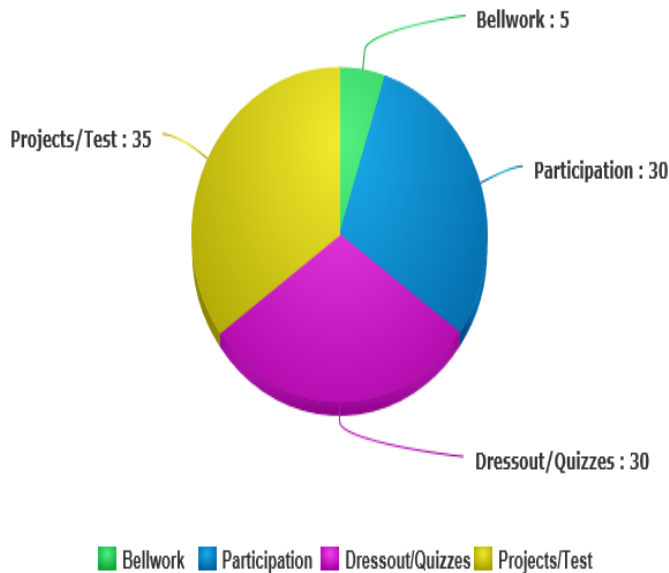
Strengthening/Flexibility/  
Pilates/Conditioning  
Ballet  
Jazz/Hip Hop  
Lyrical/Contemporary



## ASSIGNMENTS ONLINE!

If you forgot to write down your homework or you missed class, look on ESD Gradebook and choose the calendar feature. I will load all assignments, tests, and quizzes for the week in the gradebook. Choose the calendar feature and plan your entire week! All classes will be listed in one helpful calendar!

### DANCE CLASS



## GRADES

Grades will be available in the ESD Portal—students and parents should have their own individual log ins.

### Uniform Requirements

1. Leotard: Preferably Black and must have appropriate coverage concealing undergarments.
2. Dance Tights are permitted and must be worn with either an appropriate length dance skirt or appropriate length shorts. (Shorts and skirts are not permitted without tights and a leotard.)
3. SSA+S gray, navy, or black sweat pants (solid colors)
4. Dance students are also permitted to wear **Black, Navy, or Gray** yoga/dance/athletic pants or capri's. No embellishments! No gaucho pants! No leggings!
5. SSA+S sweatshirts are not to be worn during dance class!
6. I also recommend that students have a hair tie to pull their hair back.
7. Ballet or Jazz Shoes **are required** for dance class! Students will also need a pair of pirouettes (lyrical shoes) for class and the recital performance.

### OTHER CLASS

#### MATERIALS:

- Dance Folder/Supplies

Keep this in your class folder.

# Engage, Enlighten, Empower

## YEAR PLAN

### QUARTER 1: KEY FOCUS POINTS

- Review Basic Ballet Principles/Techniques/Barrework
- Ballet Vocabulary
- Strengthening & Flexibility classes/Pilates
- Ballet Conditioning
- Jazz/Ballet Instruction Choreography
- Choreography Project
- Recital Preparations

### QUARTER 2: KEY FOCUS POINTS

- Barrework
- Ballet/Jazz Turns and Jumps
- Spotting
- Ballet Vocabulary
- Strengthening & Flexibility classes/Pilates
- Continued Jazz/Ballet Instruction
- Choreography Project: In-class Written Research -Project (Dancer or Choreographer)
- Recital Preparations

### QUARTER 3: KEY FOCUS POINTS

- Continued Barrework/Technique (Intermediate/Advanced) Ballet Center work
- Traveling Movement/Combos/Jumps/Turns
- Ballet Vocabulary
- Contemporary/Lyrical Choreography
- Strengthening & Flexibility classes/Pilates
- Lesson: Choreographic Process Project
- Group Hip Hop Choreography Project

### QUARTER 4: KEY FOCUS POINTS

- Continued Barrework/Technique (Intermediate/Advanced)
- Ballet Center work (Traveling Movement/Combos/Jumps/Turns)
- Ballet Vocabulary
- Contemporary/Lyrical Choreography (Preparation for Spring Performance)
- Strengthening & Flexibility classes/Pilates
- Review: Choreographic Process
- Project: Group Genre Dance Choreography Project

### EVALUATION

Quarterly Demonstration Tests/ Dressout / Effort /Participation/Performance/Vocabulary

### HOW TO REACH ME:

- Email:  
AmberSalazar@ssas.org
- Phone & extension  
(941) 330-1855 ext. 224

## MAKE UP WORK

The student has one school day to make up work for each school day excused absence (day for a day). For example, the student is out for 4 school days then the student has 4 school days to turn in the make-up work. Work can be made up for excused absences, out-of-school suspension, religious holidays, and excused tardies.

Students should use the extra copies bin and assignment calendar in the classroom to find missing work/ make up work.

**Planned trips and holidays may not apply—try to do make up work BEFORE your trip. Remember to email the principal for approval of trips.**

Parents may call the front desk to request make up work for any absences over two days.

Long term projects and tests scheduled before the absence do NOT apply. Students will sit for a test the day that they return.

## LATE WORK

Students must turn in work when it is due so that they do not lose points.

Late work will lose 10 pts. each day that it is late.

Long-term Projects will receive harsher penalties for tardiness. They will be accepted, however, for at least a 50% before the quarter ends.

Plagiarism or copying work will result in a zero and a detention.

**DONATIONS ARE APPRECIATED!**

- Dance Shoes/costumes
- Classroom supplies

## Give Me Five:

1. Eyes on Speaker
2. Quiet
3. Be Still
4. Hands Free
5. Listen



## PROCEDURES, PROCEDURES, PROCEDURES

- Enter class quietly and sit in your assigned seat.
- Take all required materials to your seat.
- Dressout will begin after the bell.
- After dressout, place your things in your locker.
- Begin bellwork.
- Wait for further instructions from your teacher.
- Do not pack up early, the teacher will dismiss you.
- All late work must be turned into the late bin on the bookshelf.

## RULES & CONSEQUENCES

### Rules

- Show respect to teachers, students, and other's property.
- Follow all directions.
- Raise your hand to be called upon.
- Be prepared to learn every day.
- No gum/candy/food in the room
- H2O is permitted.

### Consequences

1. Warning (silent look or verbal)
2. Write the Rules
3. Behavior Essay w/ Connect Ed
4. Morning Detention w/ Connect Ed
5. County Referral



**Did you write your name  
on your paper?**

	First Name Last Name
	Period
Assignment Title	Date

## RESTROOM POLICY

### How to Leave the Classroom

1. Write a pass in your agenda, on today's date.
2. Write destination and time.
3. Bring to your teacher silently.
4. They will sign it
5. Sign the sign out by the door
6. Leave quietly



## Contract and Information Sheet

Student Name: \_\_\_\_\_ Class Period: \_\_\_\_\_

*I, \_\_\_\_\_, have thoroughly read, understand and accept the expectations set forth for success in this classroom. My parent(s)/ guardian(s) have also read, understood and accepted the terms set forth.*

\_\_\_\_\_  
Student Signature Date: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature Date: \_\_\_\_\_

These expectations are due by Friday. This will be due at the beginning of class for a homework grade and must contain both a parent/guardian and student signature.

### **CONTACT INFORMATION**

1 <sup>st</sup> Guardian Name:	2 <sup>nd</sup> Guardian Name:
E-Mail Address	E-Mail Address
Home Phone#	Home Phone #
Cell Phone #	Cell Phone #

Return this page to your teacher by Friday.