

Ms. Amber

# 7/8 Mixed Dance

## Beginner/Intermediate



### COURSE OVERVIEW

Welcome to Dance Level II. We will discuss and learn about the importance of technique in various styles of dance and talk about the importance of stretching for dance. Students will also engage in different strengthening and flexibility exercises for dancers. 7th & 8th grade students will also have the opportunity to choreograph their own routines in small groups throughout the year.

#### Dance styles and Focus

Strengthening/Flexibility  
Pilates  
Ballet  
Jazz  
Lyrical/Contemporary  
Broadway  
Hip Hop



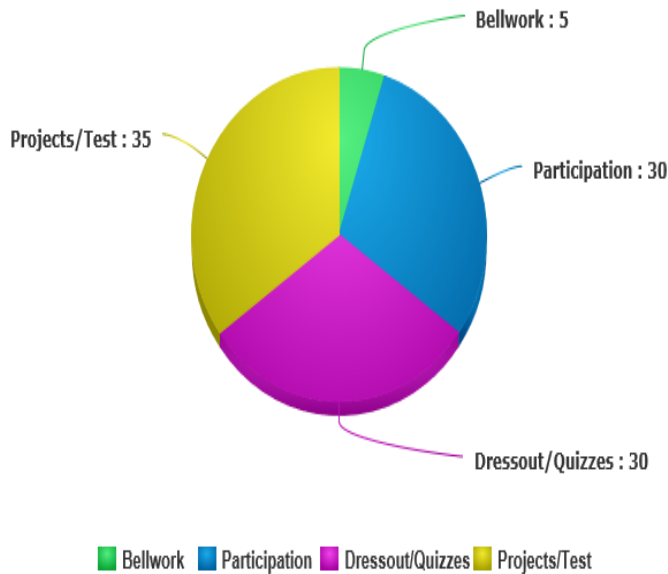
### ASSIGNMENTS ONLINE!

If you forgot to write down your homework or you missed class, look on ESD Gradebook and choose the calendar feature. I will load all assignments, tests, and quizzes for the week in the gradebook. Choose the calendar feature and plan your entire week! All classes will be listed in one helpful calendar!

### GRADES

Grades will be available in the ESD Portal—students and parents should have their own individual log ins.

DANCE CLASS



### CLASS MATERIALS:

- Dance Folder
- Writing utensils

### Uniform Requirements

1. SSA+S PE t-shirt with emblem only!
  2. SSA+S navy shorts with emblem only!
  3. SSA+S gray, navy, or black sweat pants (solid colors)
  4. Dance students are also permitted to wear **Black, Navy, or Gray** yoga/dance/athletic pants or capri's.
- No embellishments! No gaucho pants! No leggings!

### HOW TO REACH ME:

- Email:  
AmberSalazar@ssas.org
- Phone & extension  
(941) 330-1855 ext. 224

Keep this in your class folder.

# Engage, Enlighten, Empower

## YEAR PLAN

### Quarter 1: Focus Points

- Basic Ballet Principles /Technique/Barrework
- Ballet Vocabulary/History
- Strengthening & Flexibility Classes/Pilates
- Ballet Conditioning
- Jazz Basic/Intermediate Steps/Movement
- Project: Hip Hop Choreography

### Quarter 2: Focus Points

- Continued focus on ballet basics/barrework/technique
- Ballet/Jazz turns and leaps
- Hip Hop Basics
- Spotting
- Recital choreography/Prep
- Ballet Vocabulary
- Strengthening & Flexibility Classes/Pilates
- Continued jazz instruction and choreography
- Project: In—class research project (4 weeks)

### Quarter 3: Focus Points

- Recital Choreography/Prep
- Continued barrework/technique
- Ballet center work (traveling movement/combos/jumps/leaps)
- Ballet Vocabulary
- Continued jazz instruction and choreography
- Project: Duo/Trio Choreography Project

### Quarter 4: Focus Points

- Continued barrework/technique
- Ballet center work (traveling movement/combos/jumps/leaps)
- Ballet Vocabulary
- Strengthening & Flexibility Classes/Pilates
- Project: Mixed Genre Choreography Project
- Hip Hop

## MAKE UP WORK

The student has one school day to make up work for each school day excused absence (day for a day). For example, the student is out for 4 school days then the student has 4 school days to turn in the make-up work. Work can be made up for excused absences, out-of-school suspension, religious holidays, and excused tardies.

It is the students responsibility to check portal for makeup work.

**Planned trips and holidays may not apply—try to do make up work BEFORE your trip. Remember to email the principal for approval of trips.**

Parents may call the front desk to request make up work for any absences over two days.

Long term projects and tests scheduled before the absence do NOT apply. Students will sit for a test the day that they return.

## LATE WORK

Students must turn in work when it is due so that they do not lose points.

Late work will lose 10 pts. each day that it is late.

All late work must be turned in to the late bin.

Long-term Projects will receive harsher penalties for tardiness. They will be accepted, however, for at least a 50% before the quarter ends.

Plagiarism or copying work will result in a zero and a detention.

**DONATIONS ARE APPRECIATED!**

- Dance Shoes/costumes
- Classroom supplies

## Give Me Five:

1. Eyes on Speaker
2. Quiet
3. Be Still
4. Hands Free
5. Listen



## PROCEDURES, PROCEDURES, PROCEDURES

- Enter class quietly and sit in your assigned seat.
- Take all required materials to your seat.
- Dressout will begin after the bell.
- After dressout, place your things in your locker.
- Begin bellwork.
- Wait for further instructions from your teacher.
- Do not pack up early, the teacher will dismiss you.
- All late work must be turned into the late bin on the bookshelf.

## RULES & CONSEQUENCES

### Rules

- Show respect to teachers, students, and other's property.
- Follow all directions.
- Raise your hand to be called upon.
- Be prepared to learn every day.
- No gum/candy/food in the room
- H2O is permitted.

### Consequences

1. Warning (silent look or verbal)
2. Write the Rules
3. Behavior Essay w/ Connect Ed
4. Morning Detention w/ Connect Ed
5. County Referral



**Did you write your name  
on your paper?**

	First Name Last Name
	Period
Assignment Title	Date

## RESTROOM POLICY

### How to Leave the Classroom

1. Write a pass in your agenda, on today's date.
2. Write destination and time.
3. Bring to your teacher silently.
4. They will sign it
5. Sign the sign out by the door
6. Leave quietly



## Contract and Information Sheet

Student Name: \_\_\_\_\_ Class Period: \_\_\_\_\_

*I, \_\_\_\_\_, have thoroughly read, understand and accept the expectations set forth for success in this classroom. My parent(s)/guardian(s) have also read, understood and accepted the terms set forth.*

\_\_\_\_\_  
Student Signature

Date: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

Date: \_\_\_\_\_

These expectations are due by Friday. This will be due at the beginning of class for a homework grade and must contain both a parent/guardian and student signature.

### CONTACT INFORMATION

**Name:**

**Email:**

**Phone:**